

We buy local ingredients whenever possible & our chefs take great pride in our own seasonal garden. Please visit our grab-&-go selection for those in a hurry & ask about daily specials.

## Homemade Soups She Crab

Chefs' whim Seasonal, Priced daily

\*Ahi Juna Poke 12.5

Sashimi grade tuna with Ruby red grapefruit, avocado & seaweed crisp

Southern Sampler 13
Pimento cheese, bacon jam, house-made bread & butter pickles, country ham dip & pickled peppers are all offered with crostini

Sweet Polato Biscuits with Virginia Country Ham 4.75

Freshly made sweet potato biscuits buttered & stuffed

with shaved Virginia country ham

\*Chesapeake Bay Crab Cakes 12.95 Served with succotash & creamy Bestever cocktail sauce

Seasonal Flatbread Priced Daily Ask your server for today's flatbread

Fried Green Tomatoes 10 Crowned with sweet corn sauté & balsamic drizzle

Salads & Other S

Add blackened or grilled salmon \$8, tuna \$8 or chicken \$5 to any salad

with cucumbers, carrots, tomato, housemade croutons & sherry shallot vinaigrette

Calsar sm 5/lg 8 crisp Romaine, parmesan, housemade croutons & Caesar dressing

Mediterranean Chopped Salad chick peas, cucumber, tomato, Kalamata olives, romaine, pickled peppers, feta cheese, & yogurt-mint marinated chicken with roasted garlic lemon vinaigrette

Chunky Chicken & Almond Salad atop leaf lettuce served with crostini... fresh fruit accompanies

BLT Salad with Lump Crab field greens, avocado, roasted corn, & lump crab meat accented with buttermilk tarragon dressing ... bacon & tomato round out the salad

14

13

10

Crunchy Buddha Bowl red & green cabbage, carrot, quinoa, roasted sweet potatoes, almonds, seared tuna, edamame, scallions, & cilantro with almond citrus ginger viniagrette

Citrus Poached Shrimp Salad avocado, Ruby red grapefruit, red peppers, shaved asparagus, arugula & tomato-horseradish vinaigrette

13.75

Wild Rice & Spinach Salad

strawberries, mango, goat cheese, & honey balsamic viniagrette

12

Chicken & Spinach Waldorf Salad roasted chicken,bacon, almonds, peanuts, walnuts, kale, spinach, golden raisins, diced apple

& white cheddar with sherry shallot vinaigrette

Lunch Trio tasting portions of our wild rice & spinach salad, chunky chicken salad & sweet potato biscuit with Virginia country ham

Quiche of the Day offered with house salad or fresh fruit

9.5

## Sandwich Compositio

Served with house-fried Yukon potato chips or a petite green salad Add fries with sea salt for an additional \$2.5

\*Grassfed Hamburger locally raised grassfed beef 6 oz. on brioche roll with lettuce & tomato.

12.95 add cheese (provolone, white cheddar, or Havarti) \$1 add bacon \$1.5

\*Fresh Salmon Burgerchunks of salmon mixed with fresh herbs, capers, quinoa & lemon ... pan seared & offered on a brioche roll with lemon aioli, lettuce, tomato, & cucumber salad 12.5

Chunky Chicken & Almond Salad Sandwich boneless diced chicken breast tossed with toasted almonds, celery, shallots, lemon & mayo served on a freshly baked croissant with leaf lettuce 11.75

Gobbler house roasted turkey breast, white cheddar, lettuce, tomato & house dressing on freshly baked sub roll 10.75

Southwestern Chicken Wrap roasted chicken, black beans, avocado, chilpotle aioli, lettuce, tomato, & cheddar jack cheese all rolled in a flour tortilla

11.5

Southern Style Pulled Pork BBQ Sandwich slow roasted pulled pork BBQ with braised kale & pepper relish seved on a potato roll

11.5

Shrimp Salad Sandwich citrus poached shrimp tossed in creamy herb dressing with celery & onions... offered with avocado. lettuce & tomato on whole grain bread

12.5

\*Buttermilk Fried Chicken Sandwich offered on a freshly baked sub roll with leaf lettuce, pimento cheese & bacon jam

11.5

\*Chesapeake Bay Crab Cake Sandwich

offered with leaf lettuce on potato roll spread with citrus aioli

14.5

Wisteria Club Sub Black Forest ham, house roasted turkey breast, bacon, lettuce, avocado & house dressing on a freshly baked sub roll

12.75

Israeli Fried Eggplant Wrap flour tortilla spread with hummus & lined with fried eggplant, fresh spinach, tomato & cucumber salad all with lemon tahini dressing

11.5

Ask your server about our homemade desserts

Beverages

Coca-Cola, Diet Coke, Sprite or Ginger Ale Bottled water with or without bubbles 2.5 Lemonade 2.5 Iced Tea 2.5 Hot Tea 2.5

Beer & Wine...ask your server for selections & prices

ids' Menu

Available for 11 years & under All kids' meals served with chips or apple sauce

Peanut Butter & Jelly Chicken Fingers
Grilled American Cheese

\* These items are cooked to order.

Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs which may contain harmful bacteria may increase your risk of foodborne illness.

For your convenience 20% gratuity added on parties of six or more.